

ANNUAL IMPACT



REPORT

YOU ARE NOT ALONE

Our Mission:

To promote wellness and recovery for individuals and family members who are living with mental health issues and illness through dedicated support, education, and advocacy in the greater Toledo area.

	Projects	Details	Outcome
229	Support Group participants	Family, Peer, Young Adult, and MENA	People come consistently and support one another.
745	Creative Expressions Art Support Workshops	Amount of workshop participants	Attendees LOVE the opportunity to express themselves.
96	Education Class participants	Family to Family; Family & Friends, NAMI SMARTS, StigmaFree Company	We offer ongoing classes as well as targeted advocacy training, and mental health education.
3	Volunteer Leadership Committees	African American Leadership Initiative, Latino Leadership Initiative, Middle Eastern & North African Leadership (MENA) Initiative	These groups guide diversity programming and meet throughout the year. Each host an annual conference.
500	NAMIWalks Participants	Annual Signature Event	This event creates awareness, raises funds, and builds community

NAMI Greater Toledo Values

The North Star for this Strategic Plan is to positively impact the lives of people with mental illness and their families.

Know Us Before You Need Us

HOPE: We believe in the possibility of recovery, wellness, and the potential in all of us.

INCLUSION: We embrace diverse backgrounds, cultures, and perspectives.

EMPOWERMENT: We promote confidence, self-efficacy, and service to our mission.

COMPASSION: We practice respect, kindness, and empathy.

FAIRNESS: We fight for equity and justice.



YOU ARE NOT ALONE

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Scan here for local resources



NAMI Staff

Marriah Kornowa, Executive Director
Kristen Ardnt
Ta'Shara Ballard-Brown
Sierra Calamunci
Afaf Doumani
Sarah Gross
Sarah Smitley

Volunteers are solid GOLD!

Opportunities to volunteer:
Support Group/Education Class Facilitators
Creative Expression Workshops
NAMIWalks Steering Committee

Mental Health Leadership Committees:

African American Leadership Initiative
Latino Leadership Initiative
Middle Eastern & Northern African Leadership Initiative

THE YEAR IN REVIEW

Together, We Transform Lives by Empowering Hope and Recovery:

This year, NAMI Greater Toledo made a profound impact on hundreds of individuals and families. From uniting participants for NAMIWalks to promoting mental health awareness to guiding over 300 families through the Family Navigator Program, our reach continues to expand.

Building Resilience Through Art and Support:

Through Creative Expressions workshops and various support groups, we offered hundreds of opportunities for healing and connection, reinforcing that no one has to face mental health challenges alone.

Milestones of Change: Over 700 attended art support workshops, while close to 100 participants graduated from NAMI education classes—proof that every program builds stronger individuals and communities.

Spring Highlights

- Volunteer Appreciation Dinner
- Arab American Heritage Month First Annual Celebration
- NAMIWalks Toledo

Summer Highlights

- 11th Annual African American Leadership Initiative Annual Conference

Autumn Highlights

- 9th Annual Latino Leadership Initiative Conference
- Trauma Informed Care Conference
- Mindfulness Series
- Speed Networking

Winter Highlights

- Walk Kick Off, NAMI Chili Cook Off
- Harmony for the Holidays
- NAMI SMARTS, MENA Storytelling
- NAMI Eats





FINANCES

Support & Revenue	\$651,653.00
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Expenditures and Deductions	\$644,316.00
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Net Assets	
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Total	\$102,079

Expenses & Deductions	
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Program Expenses	\$479,035.00
Management/General	\$115,525.00
Fundraising	\$49,756.00
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Total	\$644,316.00

FUNDING SUMMARY

\$153,476
Donations, Special Events, Membership

\$367,920.00
Lucas County MHR SB Funding

\$130,257.00
Grants

THANK YOU TO OUR FUNDERS...



WE'D LIKE TO THANK ALL OUR DONORS FOR THEIR GENEROUS SUPPORT



A HEARTFELT MESSAGE FROM OUR EXECUTIVE DIRECTOR

This past year has been one of immense growth and resilience, both personally and professionally. I stepped into my role in December, soon facing a breast cancer diagnosis, with three surgeries marking my first year here. Together, we've braved countless challenges: staff transitions, non-existent budgets, and threats of ever-evolving funding. Yet, through it all, we've thrived—balancing our budget, forming vital partnerships, and expanding initiatives like StigmaFree Company and Workplace Wellness to transform mental health support across our community.

Our new NAMI Smarts program ignites everyday advocacy, giving people a clear path to legislative change. With steadfast partners like The Andersons, Lucas County CareNet, Buckeye Broadband, The University of Toledo, and the Better Business Bureau, we're creating a sustainable future for mental health—one rooted in workplaces and culture. My vision ahead is to align mental and physical health for everyone in Toledo, so that people know NAMI before they need us. We all have a role to play in awareness, access, destigmatizing, and funding the work. Check out the app links for our latest NAMI Do It Your Way initiative to creatively fundraise on behalf of the vital work we are doing.

Thank you for standing beside us on this journey. It's a privilege to lead an organization committed to such meaningful "heart" work.



Marriah Kornowa
Executive Director
NAMI Greater Toledo

